Mix and Match Activity

Prescription and OTC Medications

Instructions
Cut out the names of the most common prescription and OTC medications that people use in New Zealand on the next page and place them where you think they best fit in the tables below. The tables have been split up into four age groups and they have ranked the medication from 1-5 (1 being most common form) for each age group.
NOTE: Please check with the teacher that they are correct before gluing.

Discuss in your groups and make an educated estimate as to what the percentage of use might be.

	Prescription/OTC Medications	Percentage
15 – 24 year olds	1	
	2	
	3	
	4	
	5	
	6	
	Prescription/OTC Medications	**Percentage**
40 – 49 year olds	1	
	2	
	3	
	4	
	5	

	Prescription/OTC Medications	Percentage
50 - 59 year olds	1	
	2	
	3	
	4	
	5	
60 - 69 year olds	Prescription/OTC Medications	Percentage
	1	
	2	
	3	
	4	
	5	

Prescription/OTC Medications		
Meds for ADHD	Sleeping Tablets	Addiction meds
Heart Meds	Sleeping Tablets	Depression Meds
Depression Meds	Painkillers	Heart Meds
Allergy Meds	Strong Painkillers	Allergry Meds
Anti Nausea	Anti-psychotics	Strong Painkillers
Heart Meds	Depression Meds	Depression Meds
Strong Painkillers	Anti-psychotics	Sleeping Tablets