How the dimensions of well-being inter-relate:

Car accident causes injury and pain (physical) to driver and passenger (interpersonal) which leads to a few weeks in hospital and unable to work or see anyone – isolation (social). The medical costs are high due to accident which is covered by tax payers (societal). Not being able to work leads to lack of money as insurance won't cover claim which causes stress and frustration (M&E). Accident leads to criminal conviction which causes anger (Mental and Emotional) and means loss of licence (physical). Friends and family are aware which cause shame (M&E) and lower sense of self-worth (spiritual).