

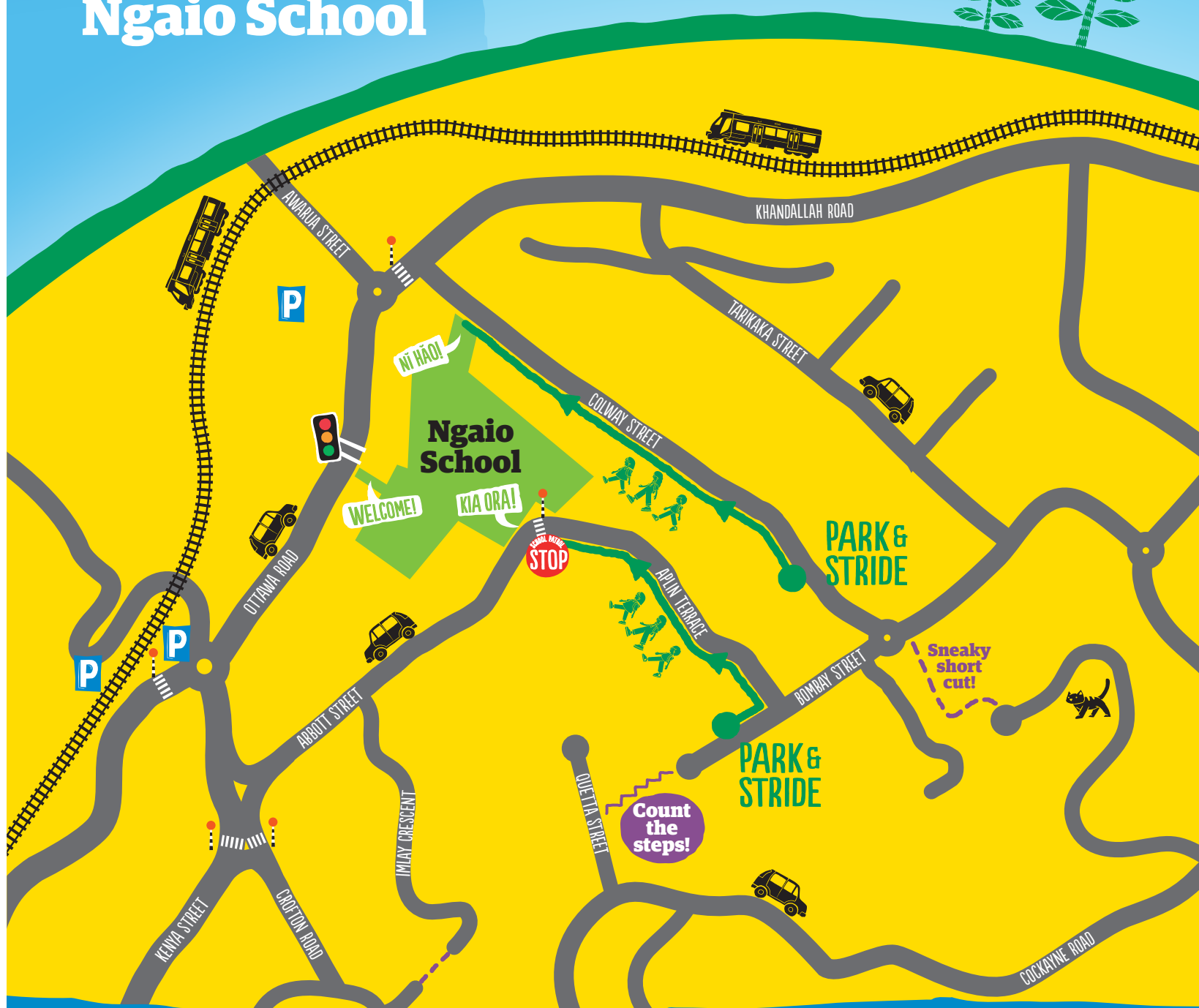
PARK & STRIDE

Ngaio School

TRY PARK & STRIDE!

Park and Stride helps to make school drop-off easy and fun by moving it a short distance from the school gate. Younger tamariki can walk with a parent or friends.

Confident walkers and wheelers may travel all the way from home.



Walking and wheeling are great ways to get to school. Here are some tips to help you to travel safely:

- ✓ Stop, look and listen before crossing the road.
- ✓ Travel with friends or whānau.
- ✓ Watch for sneaky driveways.
- ✓ Wear a helmet on your bike, skateboard or scooter.



Drive safely:

Kids are quick; drivers, please slow down.

Park and drive safely and legally - set a good example for your tamariki.



Walking and wheeling to school

Walking and wheeling (scooting, biking or skateboarding) are great ways for children to get some fresh air, social time and exercise on their way to school. It helps them to learn about road safety and gain independence.

Tips for building confident walkers:

- Teach the kerb drill for crossing roads.
- Watch out for sneaky driveways.
- Walk with friends or whānau.
- Start a walking school bus.
- Use Park and Stride to build walking muscles and road safety skills.

Tips for confident wheelers:

- Wear a correctly fitted helmet.
- Wear bright clothes.
- Plan a safe route and practise with an adult when it's quiet.
- Maintain your wheels and check your brakes every time.
- Ride with a friend or adult.

Parking and driving safely near schools

Children are still learning about road safety and may behave unpredictably; adults need to drive carefully and park safely near schools.

Keep your children and their classmates safe:

- Slow down near the school.
- Stay alert and be prepared to stop.
- Avoid turning into driveways or reversing over a footpath.
- Follow the directions of the school patrol.
- Park in designated places - these are carefully chosen for safety and visibility.

Never park on:

- broken yellow lines
- footpaths
- driveways, bus stops or 'no parking' zones.

THE KERB DRILL

- 1 Stop one step back from the kerb.**
- 2 Look and listen for traffic coming from all directions.**
- 3 If there is traffic coming, wait until it has passed and then look and listen for traffic again.**
- 4 If there is no traffic coming, walk quickly straight across the road.**
- 5 While crossing, look and listen for traffic, wherever it may come from.**

To find out more about school travel, visit wellington.govt.nz or call 04 499 4444. Thank you for keeping our tamariki safe.